Mindfulness + Magic Retreat

Outer Banks/Hatteras Island

December 29, 2015-January 2, 2016

Thank you for filling out this form. All of the information will be held in the strictest of confidence. Please feel free to share anything else that might be important for me to know as the retreat facilitator.

Name:

Address:

Email:

Phone:

Emergency Contact (name and phone number please):

Do you have any food allergies?

Do you snore?

In general, are you an early bird or a night owl?

Please describe any experience you have with mindfulness or other forms of meditation.

If you have any physical or mental/emotional challenges that might be helpful for me to know as the retreat facilitator, please describe below.

The fine print and legalese:

1. Disclaimer:
You are entirely responsible for your physical and mental well-being. In the unlikely event that any harm should occur as a result of participation in the retreat, you accept that, in case of a claim, the liability shall not exceed the price/value originally paid for by you for participation in the retreat. This retreat is not intended to provide or replace medical or psychological advice or treatment.

The retreat is educational and not therapeutic. You should always check with your medical or psychological provider before implementing any changes that you feel could in any way contradict or compromise current care or treatment.
You understand that everything offered in the retreat will be an invitation, and if anything doesn’t feel right to you in any way, you should not proceed.

You will not hold Mindfulness + Magic, Erin Sharaf or the property owner of the house where the retreat will be held responsible for any adverse or negative outcomes that might arise as a result of participation in this retreat, including any of the optional activities such as hiking or beach walking.

You knowingly and voluntarily release and hold harmless, for your heirs and yourself, Erin Sharaf/Mindfulness + Magic, from any claim, liability, demand or action.

3. Refund Policy:
Because the retreat is only a few months away and caterers and housing need to be reserved, no refunds will be provided unless someone else can be found to take your spot.

4. Personal Information and Privacy Policy:
Your email will automatically be added to the Mindfulness + Magic email list upon registration, but you can unsubscribe at any time. Your email will never be shared or sold. Any other information you provide, either in writing or verbally during the retreat, will be held in the strictest of confidence by Erin Sharaf/Mindfulness + Magic.

By signing below, you indicate that you understand and agree to the above terms and conditions.

Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_